For Patients Considering Breast Augmentation Surgery

Choose with confidence

www.motivaimplants.com
Begin
Your Journey

It’s exciting to consider the possibility of change and doing something just for you. Breast enhancement is a choice made by over a million women every year,¹ and there are many factors to consider. Some of these will be for you alone to decide, while others will be made in partnership with your surgeon.

This booklet can help you become familiar with some of the topics you’ll be discussing with your surgeon and introduce you to Motiva Implants® from Establishment Labs, one of the leading breast implant companies in the world. The information is meant to help you feel confident and empowered as you continue your breast enhancement journey.

Why

“Innovation for Enhanced Safety” perfectly captures the commitment of Establishment Labs, the manufacturer of Motiva Implants®. Years of breast implant research and development created a product line that meets the needs of even the most discerning patients and surgeons.

• Extensive experience in breast aesthetics
• Innovative, patented technologies designed for patient safety
• Committed to rigorous manufacturing practices which comply with US and European Standards
• Established safety and performance, 5-years after implant in a controlled clinical study and in real-world experience: no late seromas or double capsules, less than 1% capsular contracture and high patient satisfaction (94%)²,³

As you’ll learn, there are many decisions you and your surgeon must make when choosing a breast implant, from characteristics of the implant (such as type of material and surface) to what outcome it produces (such as shape, size, and projection). Every woman is different, from body type to lifestyle to the desired look. Fortunately, no matter what you decide, your surgeon will be able to choose the right Motiva Implant to suit your needs.

Silicone Gel Options
for the Size and Shape You Want

The gel used to fill your implant affects how the implant looks and feels after placement. Motiva Implants® are available in two different silicone gels, which allow you and your surgeon to begin planning your personal outcome.

ProgressiveGel™ PLUS  
A More Natural Look

ProgressiveGel™ Ultima™  
The Look and Feel of a Natural Breast

<table>
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<tr>
<th>Balanced gel elasticity and firmness</th>
<th>Elastic and soft gel</th>
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<td>Lower-pole fullness</td>
<td>Adapts to the natural breast shape</td>
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<td>Younger active look</td>
<td>The most natural look and feel</td>
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<td>Medium profile</td>
<td>Natural profile</td>
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These different gel options combine with a host of other characteristics, will give your surgeon a wide variety of implants to choose from in order to achieve the exact outcome you desire.

Ergonomix™

Proprietary technologies create a special composition that allows these implants to follow a woman’s movements: holding a round shape when lying down and assuming a natural tear-drop shape upon standing. Ergonomix is your premium choice, offering the look, feel, and movement of a natural breast.

Whatever you choose, you have the confidence of knowing your implants are manufactured to the highest standards and backed by a lifetime warranty. Please see back cover for more information.
Talking With Your Surgeon

Procedure Considerations

Selecting the type of implant to achieve your desired final look may be one of the most important decisions you make, but it’s not the only one. Breast enhancement surgery is an artful, personalized procedure, and your surgeon has different techniques to achieve the outcome you want. He or she may talk to you about:

Incision Location
1. Inframammary (in the fold under your breast)
2. Periareolar (around the nipple)
3. Transaxillary (in the armpit)

Implant Placement
1. Subpectoral (under the chest muscle)
2. Subglandular (beneath your breast tissue)
3. Dual Plane (partly under the muscle, partly under breast tissue)

These options have their own benefits and considerations for you to understand when deciding which is right for you.
Basics About Your Surgery

Breast enhancement is a very common procedure with a high satisfaction rate. However, like all surgeries, you should always discuss the potential risks with your surgeon.

Depending on your specific type of procedure, surgery typically takes between 1 to 2 hours.

Usually, breast augmentation is an outpatient procedure, which means you can return home the same day of your surgery.

Surgeons most commonly use general anesthesia during surgery, but your surgeon may talk to you about the possibility of conscious sedation.

Concerning the post-operative period, the recovery process depends on your particular health and other variables. During the first 48 hours, you may have an elevated body temperature and swelling. Both of these should return to normal over time.

General Advice

- Sleep or rest with your head slightly elevated, avoiding lateral positions. Keep your arms close to your body, and avoid lifting weights until allowed by your surgeon.
- Do not drive for at least 2 days after your surgery, and do not exercise until approved by your surgeon.
- Do not expose your breasts directly to sunlight until approved by your surgeon.
- Healing cream may be recommended by your surgeon.
Register your Motiva Implants®
and take advantage of the Extended Warranty

Use your Motiva Implants® ID Card (My Motiva Implants® ID) to register your implants with a valid serial number during the first 90 days after surgery. You can register through the MotivaImagine™ app, or by visiting https://register.motivaimplants.com/patient/register.

Q Inside Safety Technology™

Every Motiva Implant is designed with a miniature “chip” (FDA cleared micro-transponder) inside, a first of its kind safety technology. This allows your health care provider to use an external, handheld reader to retrieve the electronic serial number of your Motiva Implants after implantation, even if your paperwork isn’t available. This means you and your health care provider can quickly and securely access your registration information if needed.

Commit to
Breast Health

Establishment Labs S.A. encourages every woman to be diligent in scheduling yearly breast exams. Technology used in breast evaluation is generally compatible with breast implants, though it’s important to let your health care provider know that you do have breast implants.

• If Magnetic Resonance Imaging (MRI) is used as part of your exam, be sure to let the imaging technician know that you have Motiva Implants with Q Inside Safety Technology (an MRI safe ID chip)
Always Confident Warranty®
and Replacement Policy

Following FDA recommendations, Establishment Labs provides a limited warranty, covering its Motiva Implants® product range, providing a replacement product in the event of rupture for the lifetime of the implant.

Establishment Labs provides assistance in cases of capsular contracture Baker Grades III and IV through its product replacement policy program.

Additionally, two different Extended Warranty Programs are available for our products, in the event of rupture or capsular contracture Baker Grades III or IV, which may provide financial assistance applicable to the revision surgery in the event of implant replacement:

5Y Motiva Program™
Extended Warranty Program

For Motiva Implants® with Q Inside Safety Technology™, the 5Y Motiva Program™ may also provide up to $2,500 financial assistance per affected implant.

2Y Motiva Program™
Extended Warranty Program

For Motiva Implants® without Q Inside Safety Technology™, the 2Y Motiva Program™ may also provide up to $1,000 financial assistance per affected implant.

Please review the enrollment process, terms, conditions and applicability of the extended warranty programs and the terms of our Always Confident Warranty® at www.motivaimplants.com.

In special situations, ask for our industry-first Always Confident Support Program®.
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